Self-Determination and Guardianship

The Missouri Developmental Disabilities Council’s Position:
Because everyone has the right to direct their own lives to the maximum of their ability, people should not be ordered or kept under guardianship just because they have a disability, need (or want) support, or live (or want to live) in a particular place. People should only be ordered or kept under guardianship when less-restrictive alternatives have failed to help them direct their own lives. Guardianship, when absolutely necessary, should restrict the ward’s rights to the minimum extent possible.

The Missouri Developmental Disabilities Council’s Reasons:
Study after study has found that when people with disabilities have more control over their lives – when they have more self-determination – they have better lives: they are more likely to be employed, independent, and safer.¹

Guardianship decreases self-determination because it gives the guardian power to make decisions in place of the ward.² People under overbroad or undue guardianship – guardianships that are unnecessary or more restrictive than necessary³ – can suffer negative life outcomes including decreased health and ability to function.⁴ Research has shown that the vast majority of guardianships - over 90%, in one study - authorize the guardian to control all facets of the ward’s life.⁵ A Congressional subcommittee found “the typical ward has fewer rights than the typical convicted felon.”⁶

Today, there are more ways to make more people more independent than ever before. Nevertheless, even though a recent study found that people with disabilities who did not have guardians were more likely to be employed, live independently, have friends, and practice the religion of their choice than those with guardians, ⁷ the number of people under guardianship has tripled since 1995.⁸

Many people with disabilities can manage their own lives without any intervention. For others, there are effective alternatives to guardianship, including Powers of Attorney, Advanced Directives, Representative Payees, ABLE Accounts, Special Needs Trusts, and Supported Decision-Making, that can provide the help they need and want to manage their own lives. For example, when people use Supported Decision-Making, they work with trusted friends, family members, and professionals to help them understand the situations and choices they face, so they can make their own decisions without the need for a guardian.⁹ The National Guardianship Association – an organization made up by and for guardians – has stated that such alternatives should be attempted before ordering guardianship.¹⁰

The Missouri Developmental Disabilities Council’s Recommendations:
- As a state and society, we must acknowledge that disability does not equal incapability and respect everyone’s right to direct their own lives to the maximum of their abilities.
- Educational and training material about alternatives to guardianship, available through Missouri and national organizations, should be provided to people with disabilities and families as well as educational, medical, financial, legal, and other professionals in order to ensure consistency and opportunity across the state.
- Legislation, such as the recently introduced HB626, ¹¹ should ensure that alternatives to guardianship are fully considered before people are ordered or kept under guardianship.
- Legislation and/or best practice should ensure that guardianship proceedings are consistent throughout Missouri, protect the rights of people facing guardianship petitions - including their right to be represented by an independent attorney - and provide that guardianships, when absolutely necessary, only restrict rights to the minimum extent possible.
- Missouri should consult with other states, including Texas and Delaware, that have enacted legislation stressing the importance of self-determination and the use of alternatives to guardianship.

Let people with disabilities live real lives!
An Equal Opportunity Employer; services provided on a nondiscriminatory basis.
References

1. See, e.g., Karrie A. Shogren et al., Relationships Between Self-Determination and Postschool Outcomes for Youth with Disabilities, 4 J. Special Educ. 256 (2015); Laurie Powers et al., My Life: Effects of a Longitudinal, Randomized Study of Self-Determination Enhancement on the Transition Outcomes of Youth in Foster Care and Special Education, 34 Child. & Youth Services Rev. 2179 (2012); Janette McDougall et al., The Importance of Self-Determination to Perceived Quality of Life for Youth and Young Adults with Chronic Conditions and Disabilities, 31 Remedial & Special Educ. 252 (2010); Ishita Khemka et al., Evaluation of a Decision-Making Curriculum Designed to Empower Women with Mental Retardation to Resist Abuse, 110 Am. J. Mental Retardation 193 (2005).


7. Human Services Research Institute and The National Association of State Directors of Developmental Disabilities Services, National Core Indicators Study. Available at: www.nationalcoreindicators.org (statistics on guardianship provided by representative of HSRI).


This document was developed in partnership and with support from the Missouri Developmental Disabilities Council (PL 106-402) and Something Else Solutions, LLC.

Let people with disabilities live real lives!
An Equal Opportunity Employer; services provided on a nondiscriminatory basis.